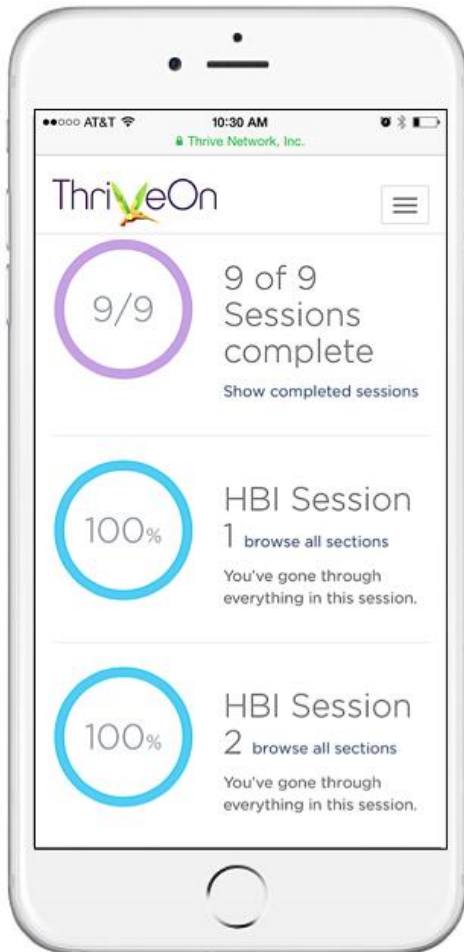


Interested in your eating habits or body image?



BODY U

Offered to Missouri college students through the **Healthy Body Image Program**, researchers at Stanford University and Washington University in St. Louis are conducting a study to evaluate internet-based programs promoting healthy habits.

If you're over 18, complete our confidential 5 minute screen to gain access to personalized online programs and resources. *Programs can last up to 10 weeks.

Go to bodyu.golantern.com

Gain access to personalized programs that help to improve:

- General Fitness
- Eating Habits
- Positive Body Esteem

If you have any questions, call Marie-Laure, study coordinator at Washington University in St. Louis @ 314-286-0253

*Programming options tailored to individuals based on screen results and vary across participants

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