## FOR IMMEDIATE RELEASE CONTACT PAMELA DONNER

(573) 681-5554 December 21, 2011

## BREAST CANCER AWARENESS AND EDUCATION

## FOR UNDERSERVED MINORITIES

Jefferson City, MO - Lincoln University Cooperative Extension's (LUCE) Paula J. Carter Center on Minority Health and Aging has received a grant from the Mid-Missouri Affiliate of Susan G. Komen for the Cure for a new program called, Breast Cancer Awareness and Education for Underserved Minorities (BCAEUM).

The program will kick off with a light lunch on Wednesday, January 18, 2012 from 10:00 a.m. to 1:00 p.m. The topic will be "I am a Survivor". The four part workshop will be held within Cole County, Missouri and is available to minority seniors over the age of 50. The sessions will demonstrate innovative and effective approaches to increase knowledge of disease symptoms, health management, exercise and nutrition.

To register for the program or for more information, contact Ms. Deborah Jenkins at (573) 681-5607.